

VIRTUAL INSURANCE OFFICE HOURS + WORKSHOPS



Dates	Times
Tues. June 2	11:00 am - 1:00 pm
Wed. June 3	2:00 pm - 3:30 pm
Mon. June 8	11:00 am - 1:00 pm
Wed. June 10 **	2:30 pm - 3:30 pm
Fri. June 12	12:30 pm - 2:30 pm
Tues. June 16	11:30 am - 1:00 pm
Wed. June 17 **	2:00 pm - 3:00 pm
Thurs. June 18	1:00 pm - 3:00 pm
Mon. June 22 **	9:00 am - 10:00 am
Mon. June 22	1:00 pm - 2:30 pm
Wed. June 24	10:00 am - 12:00 pm
Tues. June 30	9:00 am - 11:00 am

OPPORTUNITIES TO:

- Learn about your Cigna insurance options
- Understand the difference between the Network, HSA and HRA medical plans
- Learn cost effective ways to manage your health

Office hours are a free period to ask questions

**** Workshops** include a presentation + Q&A

Note: This does not replace the process of calling Cigna Customer Service (1-800-244-6224) for services such as claims, billing, & provider questions

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